ANNUAL CONFERENCE
July 25-28, 2019
HOTEL RL
Olympia, Washington

Back to Basics
FIBER, PREP, TWIST
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Welcome to the NwRSA 2019 Conference

This year’s Conference offers all NwRSA members opportunities to explore the basics of handspinning and improve their handspinning skills – making informed decisions on fiber types for specific purposes or projects, exploring different approaches to preparing fiber for spinning to achieve desired effect, and learning or refining core spinning skills to apply the correct twist to achieve your desired yarn. Briefly, here is how this year’s class offerings from a faculty of very talented instructors take us BACK TO BASICS:

FIBER – Wool and More Wool (especially suited to beginning or less experienced spinners); Spinning Silk; Spinning Long Wools for Luster
PREP – Blending Board Magic; Hand Cards to Blend and Spin Your Stash
TWIST -- Spinning for Consistency of Grist and Twist; Tweed Effects Using Silk; Plying Like a Pro; Spinning For a Purpose; Supported Spindling

And some interesting “extra” classes are included – Peg Loom Weaving teaches us a simple way to put some of your handspun to work and introduce you to the weaver’s skills. Viking Knitting (a.k.a. Trichonopoly) takes an ancient skill using simple tools and processes to create beautiful woven fine wire jewelry.

Learning doesn’t stop with the classes. The Spinning Gathering in the main ballroom will host demonstrations including Spinning Art Yarn, Preparing a Raw Fleece for Spinning, Preserving Color in Multi-Colored Braids, and more.

Whether you want to simply sit and spin, tour the vendor booths, and visit with your spinner friends…or you take as many wonderful classes as possible to expand your fiber skills, this year’s Conference has much to offer every NwRSA member.

REGISTRATION DATES
June 24 – Last day to reserve hotel room at Conference rates
July 5 – Last day to request refund of class fees if cancelling registration
July 5 - Registration Deadline
July 8 - Class confirmations sent out

EVEN BETTER LODGING ARRANGEMENTS -- Everyone had so many positive things to say last year that we have again selected the Hotel RL in Olympia, Washington as the Conference site. This facility gives the convenience which university settings cannot normally provide including rooms with private bath, air conditioning and comfortable beds, plus close proximity to classrooms, the group spinning area and our vendors. This year we negotiated lower room rates at the Hotel RL at a group rate of $109, plus tax, per room per night.

June 24 is the deadline for reserving your room at the Hotel RL at the special conference rates.
While space may be available after June 24, the hotel cannot guarantee availability or rates if you miss this deadline. Reservations may be cancelled without penalty until 24 hours before scheduled check-in time. We strongly recommend that you make your room reservation as early as possible so that you can take advantage of the special conference rate.

Special Conference room rates (plus tax) per room per night are:
Single/double: $109 ($109 for a single, or $54.50 per person for a double)
Triple: $119 ($39.65 per person)
Quad: $129 ($32.25 per person)

To reserve your room at the Conference rate, you can either phone or go online. To make your reservation by phone, call 1-800-REDLION (1-800-733-5466) and provide the group code: NWRS0724
To make your reservation online, click on this link: https://www.redlion.com/group-booking?property=6116&start=2019-07-24&end=2019-07-28&group=NWRS0724

You can cancel your hotel room reservation without any penalty up until 4:00 pm 24 hours before your scheduled arrival. If the reservation is canceled later than that, you will be charged the cost of the room for one night. You can select a room with either two (2) Queen-sized beds or one (1) King-sized bed. All rooms have a private bathroom. Rooms with handicap facilities are available. All hotel rooms are a short, indoor walk to the meeting rooms where classes, vendors, spinning, gallery and the banquet are held.
If you require a room with special needs, such as ADA access, please be sure to specify this requirement when you make your reservation. Rooms come equipped with a microwave and refrigerator for those with special dietary needs and a small restaurant is available onsite. Off site there is easy access to a number of restaurants, and grocery stores are located in the area as well.

**SPINNING GATHERING** -- And there will be fun, camaraderie, and spinning in the large Spinning Gathering, which also hosts our vendors. We have planned lots of fun with contests, games, door prizes galore, raffle of baskets from local Areas. The Spinning Gathering will be open to Conference attendees from 7 am to 11 pm daily, starting on Thursday evening at 7 pm and ending on Sunday at 4 pm. Spinning is open on Saturday from 10 am to 11 pm and Sunday from 10 am to 4 pm to spinners not registered for Conference. A donation of at least $5 to partially defray the cost of renting the space is requested – more is greatly appreciated. NwRSA members are asked to renew their membership through 6/30/2020 so that their membership is current at the time of the Conference.

**VENDORS** – The main ballroom will also host our vendors who will be there to provide you with all your spinning needs, lots of lovely fiber in all manner of preparations, tools, and much more. Please be sure to visit the vendors who so generously support both NwRSA members and the Conference.

**AREA BASKET RAFFLE** -- Each NwRSA Area is invited and encouraged to create a basket of raffle items for the 2019 Conference – the content and theme is your local Area’s choice. This is a great way to raise funds to support your local Area activities and programs, help your members “de-stash,” or put donated items to a good use. At the last Conference, one Area received more than $600 from their raffle basket.

Each basket will have a separate ticket receptacle and all proceeds from each Area’s basket will be remitted to the Area to support their local programs and activities. Raffle tickets will be sold at Conference throughout Friday and Saturday. In order to enter a basket in the raffle, the Area is asked to provide one or more volunteers for a 2 hour shift selling tickets on Friday and Saturday. Each basket must be accompanied by a ticket receptacle. The raffle drawings will be held on Saturday evening at the Conference banquet. Please send an email to conference2019@nwrsa.net to let us know if your Area will be entering a basket.

**DOOR PRIZES** – Drawings will be made from the names of all conference registrants on Thursday and names of winners will be on a chart near the Registration Check-in Table. Please watch the list and pick up your door prize at the Registration Table. Please contribute to door prizes by bringing an item with you to donate.

**GALLERY** -- The past few years have had spectacular gallery entries and setups and there will be plenty to show this year. It's all about showing what you’ve been doing or learning as you demonstrate your progress to mastering and perfecting combining the skills of **FIBER, PREP, TWIST** to create beautiful handspun yarn. Gallery entries also provide a training experience for judge candidates who are participating in NwRSA’s Certified Handspinning Judges training program.

The 2019 Gallery will share Members’ spinning achievements during the last year and assist in training NwRSA Certified Judges. In addition to sharing your work with your fellow members, you will receive written critiques from judge candidates, as a part of their training experience. Skeins and projects using handspun yarns which have been completed since the last Conference (from July, 2018 through July, 2019) may be entered. All levels of skill and experience are welcomed and encouraged – please share your work and help to provide hands-on training for future judges.

Entry forms will be available in the Gallery and entries will be accepted on Thursday, July 25, 1:30 – 6:00 PM. No entries will be accepted after 6:00 PM Thursday, July 25. Sample entry forms are included in this Program. Entries for those unable to get to the gallery by the deadline may be mailed at least 10 days prior to Conference to Ann W. Klinect, Attention Gallery, 11014 19th Avenue SE, Suite 8 - PMB 131, Everett, WA 98208. Please include as much information as possible for filling out the gallery entry tag. Email ann.w.klinect@gmail.com if you have questions.

**Handspun Skeins and Articles Rules**
1. Any current NwRSA member can enter as many skeins and articles as they like as long as each one is different. Entries will be put into classes as you bring them in. Articles must be at least 50% handspun and all spinning must be done by the exhibitor.
2. Skeins must be 20 – 50 yards long, and spun by the exhibitor since the 2018 Conference. Skeins larger than that will be judged but will only be eligible for Blue, Red, or White ribbons. The twenty-yard skein size is recommended, with skeins tied using at least three figure-8 ties. Any fiber, fiber blend, or novelty yarn may use some commercial threads, beads, feathers, lint, hair, etc. Identify all fibers used on the entry form accompanying the article or skein. Skeins must list an intended use or 10 points will be deducted.
3. Articles, including felted items, must be a minimum of 50% handspun; and completed since last year’s conference. Spinning must have been done by the exhibitor. Please attach a two-yard sample of the yarn used in the completed article. Fulled items must be accompanied by an un-fullied yarn sample. Other special or unusual items not meeting the criteria for judging can be entered for display only. Judging will be done by those who are working toward their NwRSA Judging Certification.

**For Exhibition Only**
Members who perhaps are working on new fiber arts categories and techniques that our judging standards have not yet caught up with are welcome to enter these projects for Exhibition Only. Also, anyone wanting to show a completed project or skein but not be judged can put these on display. These items will have a separate entry form, and will not be judged as Gallery entries. Skeins can be of any size. Exhibition Only entries will be evaluated as art with an eye towards creativity, workmanship, and use of fibers.

**LIBRARY SALE** – NwRSA is dissolving its library collection of more than 600 items in a 2-day sale to members only on Friday and Saturday. Current members with memberships paid through 6/30/2020 who are not attending any other conference activities may attend the Library sale on Friday and Saturday without registering for Conference. The sale will include a silent auction of 75 of the more valuable items and a general sale of the remainder. The collection includes print and video titles covering BASKETRY, BOBBIN LACE, BRAIDING, COLOR, COSTUMES, CROCHET, DYEING, EMBROIDERY, FELTING, FINISHING, FOOTWEAR, KNITTING, LOCKER HOOKING, MACHINE KNITTING, MUSHROOMS, QUILTING, RUG HOOKING, RUGS, SHEEP BREEDING, SPINNING, SURFACE DESIGN, SWEDISH, TATTING, TEXTILES, TOOLS, WEAVING, and YARN. To preview the complete listing of items for both the silent auction and the general sale, please click HERE for a link on the NwRSA website. This link will take you to the MEMBERS ONLY section of the website which requires a password to access. If you can’t remember the password, please review the information on page 3 of the April issue of LOOSE THREADS or contact socialmedia@nwrsa.net.

**GENERAL MEMBERSHIP AND BOARD MEETINGS** – The annual General Membership meeting will be held from 5 to 6 pm on Saturday, before the Banquet. The Board meeting will be held at 6 pm on Friday evening. All members are invited to attend both meetings.

**VOLUNTEERING** -- Conference as well as NwRSA as a whole runs on volunteer power. Your help is needed to make Conference a success. Please volunteer to help in these functions:
- **Registration Associate:** Greet conference attendees and help them get settled for a wonderful conference.
- **Class Angel:** Work closely with the teachers to guide them to their classes, help with set up and take down of their equipment and materials, be liaison with conference committee.
- **Vendor Helper:** Assist vendors with set up and take down. Answer questions and be liaison with conference committee.
- **Gallery Associate:** Assist our Gallery with set up and take down. Check in Gallery entries and help participants complete the paperwork. Staff the gallery during open hours.
- **Conference Committee runner:** Help with display arrangements; facilitate messages; chase down answers to questions; provide information for our guests.
Please send an email to conference2019@nwrsa.net to volunteer.

**IMPORTANT THINGS TO REMEMBER**

**Registration Dates**
- **June 24** – Last day to reserve hotel room at Conference rates
- **July 5** – Last day to request refund of class fees if cancelling registration
- **July 5** - Registration Deadline
- **July 8** - Class confirmations sent out

**Membership Dues** – must be paid through June 30, 2020 in order to register at the standard registration fee. Non-members may attend with payment of a $35 registration surcharge. To renew your membership or to join NwRSA, please go to www.nwrsa-register.net and either select the online membership application process or download the membership renewal/application form.

**Refund Policy** – Fees except the Registration Fee are refundable until July 5. The Registration Fee is not refundable. **After July 5 there are NO refunds of any kind including Vendors Fees.**
Hotel RL Olympia  
2300 Evergreen Park Dr SW  
Olympia, WA 98502  
Emergency phone number  (360) 943-4000

Driving Directions
From North or South I-5:
• Take Exit 104 US Highway 101
• Take first exit, Crosby Blvd/Cooper Point Road
• Turn right on Cooper Point Road
• Take immediate right onto Evergreen Park Drive
• Turn right again on Lakeridge Way (adjacent to Morris Business Park sign)
• Continue straight to hotel entrance

From Highway 101:
• Take the Crosby Blvd/Cooper Point Road Exit
• Keep right at the fork, follow signs for Crosby Boulevard and merge onto Cooper Point Rd SW/Old Cooper Point Rd SW
• Turn right onto Evergreen Park Drive SW
• Take the 1st right to stay on Evergreen Park Dr SW
• The hotel entrance is on the right hand side

Commuters:
• Those arriving from off-site should plan ample time for traveling to Olympia. The hotel has a small dining facility, but hotel guests will have first priority for meals between classes.
• All Conference registrants are charged a registration fee of $130 which provides access to classes, mentoring sessions, gallery competition entry, fiber exchange, area drawings, banquet and keynote speaker

Online registration using secure credit card payment is available at www.nwrsaregister.net
If you wish to pay by check, please mail your registration form by July 5 registration deadline with your check payable to:
NwRSA MAIL TO: Val Saadatmandi, ATTN: NwRSA Conference, 6200 NE 159th, Kenmore WA 98028

Each Conference location has different requirements and these need to be respected.
• Individuals needing assistance or special accommodation to fully participate in the conference should describe their needs on the registration form. The hotel and conference facility is handicapped accessible
• Please wear your name tag at all times during the conference. People without name tags or guest tags may be asked to leave as a security precaution.
• The Spinning Gathering area in the main ballroom will be open from 7am – 11pm daily. The only exception will be during the Banquet on Saturday from 6:40 to 8:30 PM. The spinning area must be vacated by 4 pm on Sunday.
• Parking: There is ample parking for conference attendees. Handicap Permit Tags must be displayed if these spaces are used.
• Hotel Amenities: Onsite restaurant and lounge, free bike rentals, free custom made coffee by Victrola Coffee Roasters, complimentary local shuttle service, complimentary fast Wi-Fi, fitness center, laundry service outdoor seasonal swimming pool.

You may want to bring the following with you:
• Your usual spinning supplies (niddy noddy, ball winder, lazy kate, etc.) for open spin times.
• A chair pad for more comfortable sitting.
• A travel mug to enable you to eliminate using extra Styrofoam cups and avoid spills.
• Paper and pen or pencil.

2019 CONFERENCE COMMITTEE
Samantha Loftin, Pamela McGarvey, Val Saadatmandi, Margie Wetherald
## DAILY SCHEDULE

### Thursday

**July 25**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 AM - 9:00 PM</td>
<td>Vendors set up</td>
</tr>
<tr>
<td>12:00 - 8:00 PM</td>
<td>Check-in at Registration Table</td>
</tr>
<tr>
<td>1:30 - 6:00 PM</td>
<td>Gallery entries accepted</td>
</tr>
<tr>
<td>4:30 - 6:30 PM</td>
<td>Dinner on your own</td>
</tr>
<tr>
<td>7:30 PM</td>
<td>Welcome and Introduction of Instructors</td>
</tr>
<tr>
<td>7:00 - 11:00 PM</td>
<td>Evening Spinning and Shopping</td>
</tr>
<tr>
<td>11:00 PM</td>
<td>Doors Locked</td>
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### Friday

**July 26**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:00 AM – 11:00 PM</td>
<td>Spinning Gathering</td>
</tr>
<tr>
<td>8:00 AM - 12:00 PM</td>
<td>Check-in at Registration Table</td>
</tr>
<tr>
<td>9:00 AM - 5:00 PM</td>
<td>Library Sale</td>
</tr>
<tr>
<td>12:00 - 1:30 PM</td>
<td>Lunch on your own</td>
</tr>
<tr>
<td>1:00 PM</td>
<td>Gallery opens for viewing</td>
</tr>
<tr>
<td>1:30 – 4:30 PM</td>
<td>Afternoon Classes</td>
</tr>
<tr>
<td>4:30 - 6:30 PM</td>
<td>Dinner On your own</td>
</tr>
<tr>
<td>6:00 PM</td>
<td>Board Meeting</td>
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<tr>
<td>11:00 PM</td>
<td>Doors Locked</td>
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### Saturday

**July 27**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:00 AM – 5:00 PM</td>
<td>Spinning Gathering</td>
</tr>
<tr>
<td>9:00 AM - 5:00 PM</td>
<td>Library Sale</td>
</tr>
<tr>
<td>9:00 AM - 12:00 PM</td>
<td>Morning Classes</td>
</tr>
<tr>
<td>12:00 - 1:30 PM</td>
<td>Lunch on your own</td>
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<tr>
<td>5:00 – 6:00 PM</td>
<td>General Membership Meeting</td>
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<tr>
<td>6:00 – 7:00 PM</td>
<td>Banquet (included in Registration Fee)</td>
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<tr>
<td>7:00 - 8:30 PM</td>
<td>Keynote Speaker, Basket Drawings</td>
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<td></td>
<td>Parade of Class Projects and Fashion Show, Gallery Awards,</td>
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<tr>
<td>8:30 - 11:00 PM</td>
<td>Evening Spinning and Shopping</td>
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<tr>
<td>11:00 PM</td>
<td>Doors Locked</td>
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### Sunday

**July 28**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:00 AM – 4:00 PM</td>
<td>Spinning Gathering</td>
</tr>
<tr>
<td>9:00 AM - 12:00 PM</td>
<td>Morning Classes</td>
</tr>
<tr>
<td>11:30 AM</td>
<td>Hotel Check-Out - late check out available for morning class students</td>
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<tr>
<td>12:00 - 1:30 PM</td>
<td>Lunch on your own</td>
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<tr>
<td>4:00 PM</td>
<td>All items must be cleared from Spinning Gathering area</td>
</tr>
<tr>
<td>4:00 - 9:00 PM</td>
<td>Vendor pack up</td>
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CLASSES

• All classes are half-day classes and class registration fees are $55 per class.
• Materials fees vary from class to class and are payable to the instructor at the start of class. Please bring exact change for the amount of each class fee. Materials fees must be paid by cash only.

FRIDAY AFTERNOON, July 26 – 3 hour classes 1:30 to 4:30 PM

Elizabeth Palmer – BLENDING BOARD MAGIC
Have a blending board but are not sure what to use it for? Want to learn how to blend various fibers to create texture and color effects? This class will show you how to apply different fibers to a blending board and then prepare rolags that are a dream to spin from. We’ll learn different ways to apply fiber to the board and learn how to incorporate different kinds of fiber and bling. You will go home with little bundles of joy to spin.
Materials Fee: $20, payable at the start of class to the instructor. Materials provided will include wool, alpaca, silk, bamboo, tencel, angelina, firestar fiber and a handout to take home
Experience Level: Suitable for all levels, no experience needed.
Students Need to Bring: Blending board and dowels. Brush to use for applying fiber. Bring any fiber you would like to use.
If you don’t have a blending board, let us know and we can arrange a loan.
3 Hour Class – Rainier Classroom – Friday, July 26, 1:30 to 4:30 PM
Class Fee: $55  Maximum 15 students

Teresa Waldo – VIKING KNITTING (A.K.A. TRICHONOPOLY)
Come learn the age-old technique of Viking knitting and walk away with your own finished charm bracelet. Viking knitting is done by looping wire around a dowel and then pulling the wire tube created through a draw plate to condense the tube down to the desired thinness. The finished piece resembles the look of knitting. In this class we will explore a brief history of the craft, the tools needed, and the many possibilities of creating beautiful jewelry with this fun technique. Then we will get down to business making a single knit bracelet with a charm attached.
Materials Fee: $12, payable at the start of class to the instructor. Materials provided will include a handout with photos, wire, dowel, findings, and a charm
Experience Level: Suitable for all levels, no experience needed.
Students Need to Bring: Jewelry making tools (needle-nose pliers, round-nose pliers, wire cutters). If you don’t have access to these items, let us know and we can arrange a loan.
3 Hour Class – Olympic Classroom – Friday, July 26, 1:30 to 4:30 PM
Class Fee: $55  Maximum 20 students

Janet Deutmeyer – SPIN FOR A PURPOSE
Ever spin a yarn only to find it did not work for the project you had in mind? We’ll cover what types of fibers/yarns are good for different projects. We’ll talk about what to spin and best how to spin it for a project. Part of class will be spent spinning various fibers so you’ll go home with samples to help you determine what you’ll need for any project you dream of.
Materials Fee: $12, payable at the start of class to the instructor. Materials provided will include a handout and variety of spinning fibers.
Experience Level: Should have a good working relationship with your spinning wheel and be able to spin a consistent single.
Students Need to Bring: Spinning wheel in good working order and 3 bobbins, niddy noddy, lazy late, labels, baggies, note taking items and anything else you’ll need for spinning.
3 Hour Class – Puget Classroom – Friday, July 26, 1:30 to 4:30 PM
Class Fee: $55  Maximum 10 students
SATURDAY MORNING – 3 hour classes 9:00 AM – 12:00 PM

Gayle Valance – SPINNING LONG WOOLS FOR LUSTER
Curious about Lincoln, Border Leicester, Coopworth, Cotswold and other long wool sheep breeds? While the long luster wools are inherently shiny and produce yarns that have a subtle shimmer, the luster can be lost or minimized during preparation and spinning. Participants will learn appropriate preparation, spinning, blending and plying techniques that will produce balanced yarns with maximum luster. They will work with a variety of long animal fibers.
Materials Fee: $10, payable at the start of class to the instructor. Materials provided will include a variety of long wool breed fleece and handouts.
Experience Level: Students should have a good working relationship with your spinning wheel and be able to spin a consistent single.
Students Need to Bring: Spinning wheel in good working order, bobbins, lazy kate, ball winder if available, mini-combs if available, small bags for fiber samples, measuring tape, scissors, hand carders preferably with tooth density of 50 to 80 teeth per inch if available.
3 Hour Class – Rainier Classroom – Saturday, July 27 – 9:00 AM – 12:00 Noon
Fee: $55 Maximum 15 students

Michael Kelson – SPINPOSSIBLE: TWEED EFFECTS USING SILK
Tweed yarns are great fun to spin! Tweed yarns typically have inclusions which add color or textural elements to a plied yarn, and a great way to add a tweedy effect to your yarn is to use silk! This class will explore getting tweed-like effects using various preparations of silk, including silk top, silk hankies, and silk noil and sari silk in both preparation and ply.
Materials Fee: $15, payable at the start of class to the instructor. Materials provided will include all fiber for the class (base fibers, silk, silk noil, sari silk, silk hankies).
Experience Level: Successful students will have a good working relationship with their spinning wheels, be able to spin a consistent single, and have experience plying and finishing yarn.
Students Need to Bring: A spinning wheel in good working condition with extra bobbins, notebook, and a three-spindle lazy kate. Hand cards are highly recommended.
3 Hour Class – Olympic Classroom – Saturday, July 27 – 9:00 AM – 12:00 Noon
Fee: $55 Maximum 15 students

Teresa Waldo - SUPPORTED SPINDLING
You spin to relax, right? Well come learn the ultimate relaxing way to spin, SUPPORT SPINDLING! You can do it with your feet up, lying in bed, or even while driving (well not anymore with the new distracted driving law). Did you know any fiber can be spun on a support spindle? In this class the instructor will give you a wealth of information on supported spindling and will take you step by step through the process of spinning on a support spindle. And yes, you will have the hang of it before our time is up. You will also have the chance to try different types of spindles, bowls, and fiber.
Materials Fee: $12, payable at the start of class to the instructor. Materials provided will include Extensive handout, fiber, spinning bowl with beanbag
Experience Level: Must have some spinning experience.
Students Need to Bring: A support spindle and bowl if you have them, if not instructor has some you can use.
3 Hour Class – Puget Classroom – Saturday, July 27 – 9:00 AM – 12:00 Noon
Fee: $55 Maximum 15 students

SATURDAY AFTERNOON – 3 hour classes 1:30 to 4:30 PM

Gayle Valance – SPINNING SILK
Silk is one of the strongest animal fibers, but is it easily damaged during dyeing and preparation for spinning. Students will study a range of commercial silk preparations. They will use a variety of spinning and blending techniques to learn to the best ways to preserve silk’s smooth, silky hand and luminescence, but also to prevent pilling and increase resistance to abrasion.
Materials Fee: $10, payable at the start of class to the instructor. Materials provided will include all spinning materials and handouts.
Experience Level: Students should be able to spin a continuous yarn.
Students Need to Bring: Spinning wheel in good working order, bobbins, lazy kate, ball winder if available, mini-combs if available, small bags for fiber samples, measuring tape, scissors, hand carders preferably with tooth density of 50 to 80 teeth per inch if available.
3 Hour Class - Rainier Classroom – Saturday, July 27 – 1:30 – 4:30 PM
Fee: $55 Maximum 15 students
Michael Kelson – SPINPOSSIBLE: USING HAND CARDS TO BLEND AND SPIN YOUR STASH
As spinners we often end up with bits of lots of different types of fibers and samples as part of our spinning stash. Carding is a fun way to use your spinning stash and get a perfect yarn for YOU! This class will explore the use of hand-cards to prepare and blend fibers for spinning many different types of yarns. We will blend various different types of down fibers (e.g. camel, yak), silks, and we will discuss how to select and blend fibers from your stash to make a fantastic knitting or weaving yarn. This class will also review “woolen” spinning techniques (e.g. longdraw) and how to evaluate the right amount of singles twist and ply twist for the fibers in your custom-carded blend.

Materials Fee: $15, payable at the start of class to the instructor. Materials provided will include includes all base and blending fibers for the class.

Experience Level: Successful students will have a good working relationship with their spinning wheels, be able to spin a consistent single, and have experience plying and finishing yarn.

Students Need to Bring: A spinning wheel in good working condition with extra bobbins, notebook, and a three-spindle lazy kate. Hand cards are highly recommended.

3 Hour Class – Olympic Classroom – Saturday, July 27 – 1:30 – 4:30 PM
Fee: $55 Maximum 15 students

Janet Deutmeyer – WOOL AND MORE WOOL
New to spinning or been spinning for years but only a few kinds of sheep wool? Here’s your chance to delve into the various types of wools available to spinners now. We will talk about the different categories of sheep wool, their characteristics, how to prep and spin them and their uses. Then the fun part, we’ll spin a variety of wools, a fiber tasting. You may find a new favorite, come join us.

Materials Fee: $20, payable at the start of class to the instructor. Materials provided will include includes all fibers and a handout.

Experience Level: Students should be able to spin a continuous single.

Students Need to Bring: Spinning wheel and 3 bobbins or a drop spindle, niddy noddy, lazy late, labels, baggies, note taking items and anything else you’ll need for spinning.

3 Hour Class – Puget Classroom – Saturday, July 27 – 1:30 – 4:30 PM
Fee: $55 Maximum 10 students

SUNDAY MORNING – 3 hour classes 9:00 AM – 12:00 PM

Gayle Valance – SPINNING FOR CONSISTENCY OF GRIST AND TWIST
Do you want to spin 1,000 yards and have a sweater that weighs 10 lbs or 2 lbs? Grist is the measure of density in a yarn, which is controlled by both the circumference and the amount of twist. Students will learn to spin singles with more control so that yarns are more consistent in grist and twist. They will learn how twist can vary with different plant and animal fibers, preparations and drafting techniques. They will be able to judge an unbalanced yarn to see how it can become balanced, and how much twist should be used in plying and cabling.

Materials Fee: $10, payable at the start of class to the instructor. Materials provided will include all fibers and a handout.

Experience Level: Students should have a good working relationship with your spinning wheel and be able to spin a consistent single.

Students Need to Bring: Spinning wheel in good working order, bobbins, lazy kate, ball winder if available, mini-combs if available, small bags for fiber samples, measuring tape, scissors, hand carders preferably with tooth density of 50 to 80 teeth per inch if available.

3 Hour Class - Rainier Classroom – Sunday, July 28 – 9:00 AM – 12:00 Noon
Fee: $55 Maximum 15 students

Samantha Loftin – PEG LOOM WEAVING
Interested in learning another way to use your handspun yarn? A peg Loom is an old, simple loom that is easy to learn, very portable, needs no special equipment or tools and uses materials such as fleece, locks, roving, cloth, plastic strips, yarn, etc., from your stash. Students will learn now to warp and weave on a 12” peg loom. Techniques such as plain weaving, color changes, clasp-weft weaving and different finishing methods will be learned. Students will make a hot pad to take home.

Materials Fee: $25, payable at the start of class to the instructor. Materials provided will include the peg loom, weaving and warping material, everything else needed to weave a hot pad. NOTE: The looms used in class will be for sale for $40.

Experience Level: No weaving experience is needed, suitable for everyone.

Students Need to Bring: Instructor will provide all tools and materials.

3 Hour Class - Olympic Classroom – Sunday, July 28 – 9:00 AM – 12:00 Noon
Fee: $55 Maximum 10 students
Elizabeth Palmer – PLYING LIKE A PRO
Do you have lots of bobbins filled with singles, or singles that you have wound into balls with your ball winder? Now is the time to learn how to ply these. In this class we will explore different methods of plying and practice them, including traditional plying from a lazy-kate (2- and 3-ply), chain plying (also known as Navajo plying), plying from both end of a ball, and plying with thread. We’ll learn how to make a balanced ply and get you started down the slippery slope of “art yarns”.

Materials Fee: $20, payable at the start of class to the instructor. Materials provided will include fiber and some singles spun yarn and thread to be used in class as well as a handout.

Experience Level: Able to spin a consistent singles yarn and know how to make adjustments to your wheel.

Students Need to Bring: A spinning wheel in working order. If you have a Woolee Winder, please bring your standard flyer as well; at least 4 bobbins – including 2 bobbins with at least 1 ounce of singles on each. To get the most out of the class it would be nice to have some singles spun in the S-direction, some fine and some “fat”, and perhaps a thick and thin. Singles can be wound in a ball from a ball winder. Instructor will have different singles available to practice plying with. Bring a niddy noddly and a ball winder if you have them.

3 Hour Class - Puget Classroom – Sunday, July 28 – 9:00 AM – 12:00 Noon
Fee: $55 Maximum 15 students

Instructor Biographies

Janet Deutmeyer – Janet lives on the Washington coast with her husband, 2 cats and dog. A Master Spinner Program graduate from Olds in Canada, she loves sharing the wonders of the fiber world. She has taught; One Top Five Ways, Spin for a Purpose, Beginner Drop/Support Spindle, Spinning Various Wools, Beginners Knitting and has been published in PLY magazine. Janet also knits, crochets, weaves, and rug hooks with her yarns.

Michael Kelson - Michael is the coordinator for the annual Men’s Fall Knitting Retreat and the Seattle Men Who Knit meetup groups. Michael teaches at events and festivals all over the Pacific Northwest including Madrona, NWRSA conference, Black Sheep Gathering, Knot Another Fiber Festival and Fiber Fusion. Michael is passionate about sharing his love of spinning with spinners of all skill levels. By day he is a software professional, but on weekends he’s usually out and about with his miniSpinner in tow.

Samantha Loftin – Sam is a “weaver who spins” and loves to try all the fiber crafts. She has been weaving for 10 years and has tried every weaving method she has heard about. She saw a peg loom being used at a living 1500’s Tutor farm in England and became fascinated by its simplicity. She has classes in and demonstrates the peg loom at fiber art events, including the Arlington Eagle Festival, 2010’s St. Distaff Day, and Renaissance Fair at Holly Farm.

Elizabeth Palmer - Liz Palmer was born with knitting needles in her hands in a small town in Connecticut. Knitting helped her cope with childrearing and a career as a scientist and chemistry teacher. When she moved to the state of Washington seventeen years ago she learned how to spin. And it has all been downhill ever since. An early retirement has allowed her explore everything fiber, from carding and combing, to dyeing and blending, spinning and plying, and designing her own knitted and woven garments. Now it is all about developing the right side of her brain and sharing her passion by teaching. Liz has taught classes at NwRSA Conference, OFFF, and Blizzard Yarn and Fiber and at her studio.

Gayle Vallance – Gayle is a perennial student of all things related to spinning, weaving and the history of fiber. She has had articles published in Spin-Off magazine (the most recent in Summer, 2018). She has a master spinner certificate from Olds College in Alberta, the technical spinning level from the Handweavers’ Guild of America and the basic weaving level from the Canadian Weavers’ Guild. She uses colour, texture and fiber to create unique yarns, relating what we do now to what has been done by the artisans from our past.

Teresa Waldo – Teresa combines her passion for teaching with her passion for crafting. She has taught elementary school and special education for over thirty years and has taught adult crafting classes for six plus years. Teresa has been knitting since age five and fell down the spinning rabbit hole 16 years ago. Teresa loves sharing her excitement for anything fiber related with others and has a keen ability to break a skill down into manageable steps. She makes sure all her students are successful and leave with a new skill. In the past year she began writing and publishing knitting patterns with an emphasis on using hand spun yarn. Teresa resides in Auburn, Washington and is a member of NwRSA, Arachne Guild, South Sound Knitters Guild, and Moonspinners Guild.
For Showcase Exhibition Only
Items Will Be Eligible for People's Choice Award
But Will Not Be Judged as Gallery Entries.
Skeins Entered Can Be of Any Size

Exhibitor's # __________________________

Item Entered __________________________

Please Describe Project, and Technique Used
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Skeins Entered Must Be Only 25 - 50 Yds

[ ] Novice Spinner - 1 year or less
[ ] For Judging  [ ] For Conference Contest
Fiber Source:  [ ] Wool - Breed if known ________
[ ] Mohair  [ ] Alpaca  [ ] Llama
[ ] Silk  [ ] Angora Rabbit
[ ] Cotton  [ ] Flax  [ ] Ramie
[ ] Other - Please Specify __________________________

If Blended, approximate % of each fiber:
[ ] Commercial Preparation?
[ ] Completely Prepared by Exhibitor?
[ ] Batt  [ ] Sliver  [ ] Top
[ ] Roving
[ ] Singles?  [ ] Plied?  [ ] # of Plies?
[ ] Navajo Plied?
[ ] Undyed  [ ] Dyed  [ ] Dye Used?

Intended Use of Yarn - Be Specific

[ ] Knit  [ ] Crochet  [ ] Woven as Weft?
[ ] Or Warp?  [ ] Sett?
[ ] Estimated Needle or Hook Size?
[ ] Other - Be Specific

Additional Information - Continue on Back If Necessary:
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Do Not Write Below This Line

Sample Only

Name __________________________
Address __________________________
City __________________________
State __________________________ Zip Code __________________________
Phone # __________________________

Additional Information - Continue on Back If Necessary:
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Do Not Write Below This Line

Name __________________________
Address __________________________
City __________________________
State __________________________ Zip Code __________________________
Phone # __________________________
BACK TO BASICS: FIBER, PREP, TWIST

Registration Form

The Northwest Regional Spinners Association’s 35th Annual Conference will be held from Thursday, July 25 through Sunday, July 28, 2018 at Hotel RL Olympia, 2300 Evergreen Park Dr SW, Olympia, WA 98502

Name: ___________________________________________________________________________________

Address: ____________________________________________

City: _______________ State: ____ Zip: ________

Phone: (_____) - _______ - _______ email address: ____________

Receipts are sent via email. Check this box if you need snail mail receipt instead □

<table>
<thead>
<tr>
<th>REGISTRATION</th>
<th>Circle all appropriate fees</th>
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<tbody>
<tr>
<td>Non-member fee - required if not a current NwRSA member through 6/30/2020</td>
<td>$35</td>
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<tr>
<td>(You may join NwRSA for $25. Membership application available at <a href="http://www.nwrsa.net">www.nwrsa.net</a>.)</td>
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<tr>
<td>Conference Registration  Thursday - Sunday (includes Saturday Banquet)</td>
<td>$90</td>
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<tr>
<td>Non Participating Spouse or other Family Member (Includes Saturday Banquet)</td>
<td>$40</td>
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Circle meal preference for Saturday Banquet. Choose 1

- Chicken
- Vegetarian
- None

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<thead>
<tr>
<th>CLASSES  Choose ONE Class Choice per time slot</th>
<th>Circle all appropriate fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday AFTERNOON classes. Choose 1. All Materials fees are payable to instructor at start of class only.</td>
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<tr>
<td>F-1 Elizabeth Palmer – Blending Board Magic (Materials Fee $20)</td>
<td>$55</td>
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<tr>
<td>F-2 Teresa Waldo - Viking Knitting (a.k.a. Trichonopoly) (Materials Fee $12)</td>
<td>$55</td>
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<td>F-3 Janet Deutmeyer - Spinning For a Purpose (Materials Fee $20)</td>
<td>$55</td>
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<tr>
<td>Saturday MORNING classes. Choose 1</td>
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<tr>
<td>SA-1 Gayle Valance – Spinning Long Wools for Luster (Materials Fee $10)</td>
<td>$55</td>
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<tr>
<td>SA-2 Michael Kelson - Spinpossible: Tweed Effects Using Silk (Materials Fee $15)</td>
<td>$55</td>
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<tr>
<td>SA-3 Teresa Waldo – Supported Spindling (Materials Fee $12)</td>
<td>$55</td>
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<tr>
<td>Saturday AFTERNOON classes. Choose 1</td>
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<tr>
<td>SA-4 Gayle Valance – Spinning Silk (Materials Fee $10)</td>
<td>$55</td>
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<td>SA-5 Michael Kelson - Spinpossible: Using Hand Cards to Blend and Spin Your Stash (Materials Fee $15)</td>
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<td>SA-6 Janet Deutmeyer – Wool and More Wool (Materials Fee $20)</td>
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<td>SU-2 Samantha Loftin - Peg Loom Weaving (Materials Fee $25)</td>
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<tr>
<td>SU-3 Elizabeth Palmer – Plying Like a Pro (Materials Fee $20)</td>
<td>$55</td>
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TOTAL AMOUNT DUE (total of all circled fees) $ __________

Online registration using secure credit card payment is available at www.nwrsa-register.net

If you wish to pay by check, please mail this form by July 5 registration deadline with your check payable to: NwRSA
MAIL TO: Val Saadatmandi, ATTN: NwRSA Conference, 6200 NE 159th, Kenmore WA 98028